PEDIATRIC EMERGENCIES - SVT

1109

SVT [SUPRAVENTRICULAR TACHYCARDIA]. Includes PAT, Atrial Flutter, Atrial Fibrillation with rapid ventricular response rate usually > 220 in infants, > 180 in children.

Basic Life Support

- 1. Maintain airway.
- 2. Oxygen:
 - 2a. 15 LPM of 100% oxygen via non-rebreather mask.
 - 2b. Assist ventilation with 100% oxygen and Bag Valve Mask, if necessary.
- 3. Monitor vital signs, including Pulse Ox if available.
- 4. Call for ALS backup if available.
- 5. Transport ASAP.

Advanced Life Support

- 1. Monitor vital signs, cardiac monitor, and Pulse Ox.
- 2. Intubate, if necessary.
- 3. IV or IO Normal Saline, LR KVO, consider bolus 20 cc/kg.
- 4. Contact MCP. Transport ASAP.
- 5. If patient is hemodynamically unstable: Consider vagal maneuvers such as ice to face. Do not delay cardioversion to start IV/IO.
- A. If IV or IO access in place, give Adenosine 0.1 to 0.2mg/kg, followed by rapid bolus of 5 to 10 cc Normal Saline. If unsuccessful, double the first dose. Maximum initial dose 6mg.
- B. Cardiovert @ 0.5-1.0 J/kg per MCP orders only. If SVT persists, may repeat @ 2 J/kg per MCP orders only.
- C. Consider sedation with Diazepam [valium] 0.1mg/kg slow IV or IO per MCP orders only. (Maximum individual dose is 5 mg; may repeat x 1) *
- 6. Contact MCP for further orders.

Key Points/Considerations

Hemodynamically unstable changes mental status, skin perfusion, delays cap refill.

- * May substitute Ativan 0.1 mg/kg slow IV/IO (maximum individual dose is 2 mg).
- * May substitute Versed 0.1 mg/kg slow IV/IO (maximum individual dose is 2 mg).

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